

## How to begin writing a Hortatory Exposition

Hortatory exposition text is a kind of Persuasive text that convinces the readers to a particular point of view as it is used for delivering speech.

To help compose a good writing, it is important to make an outline which is based on the generic structure of the text to be written.

The generic structure of the Hortatory exposition text is:

- Thesis
- Arguments
- Reiteration/Recommendation



### MAKING OUTLINE

HERE ARE THE STEPS:

1. **Decide the title.**  
e.g. Healthy life prolongs the life span.
2. **Write the thesis.**  
The function of thesis is to identify what to be written or to show the point of view that we need the reader to do. We had better put the thesis at the end of the paragraph to connect the first paragraph to the second one.  
e.g. Healthy life should become the people's lifestyle.
3. **Write the main idea of P1 which is used to introduce the thesis.**  
e.g. Many people still ignore their own health.
4. **Write the main idea of paragraph 2 which is the first argument toward the thesis.**  
e.g. Healthy life brings happiness.
5. **Write the main idea of paragraph 3 which is the second argument toward the thesis.**  
e.g. Healthy life leads to be creative.
6. **Write the main idea of paragraph 4 which is the reiteration of the thesis.**  
e.g. Healthy life as a lifestyle is highly recommended to prolong the life span.

**Here is another example of an outline:**

**Title: Living with pets**

**Thesis: It is advisable for children to keep a pet**

**P1. Children's act of violence increases.**

**P2. Keeping a pet trains children's empathy and care.**

**P3. Children's responsibility can be built by keeping a pet.**

**P4. Parents should motivate children to keep a pet.**

Developing an outline, we had better have these suggestions to make the writing more persuasive.

**a. Give at least two or three issues to strengthen your view.**

e.g. *The stressful job, social ignorance, and the traffic jam they face every day are among the examples of factors influencing their emotion.*

**b. Use the language that must appeal to the strong emotion that you want to express.**

e.g. *When they cannot manage their emotion, they will create another stress for people around them. Consequently, their depression absolutely increases and it will become more difficult to cope with.*

**c. Think about others' possible objection on what we say, so write what we will do to deal with.**

e.g. *For everyone who is not able to appreciate arts, they can choose any activity that can make them happy such as having sport or social activities. Doing what we like makes our life more qualified for ourselves and others.*

**d. Use real life examples to support our ideas.**

## **DEVELOPING THE OUTLINE**

Thesis: Healthy life should become the people's lifestyle.

P1. Many people still ignore their own health.

P2. Healthy life brings happiness.

P3. Healthy life leads to be creative.

P4. Healthy life as a lifestyle is highly recommended to prolong the life span.

**There are many people ignoring their own health**, especially the ones whose jobs requiring them to give their time and energy. **Breakfast is skipped. Fast food is the main menu. Physical exercises are ignored.** These are the common examples of what working people prefer nowadays. Sooner or later, both their physical and mental illness will come to

take their happiness. When happiness is gone, can we still enjoy the life? The followings are the reasons why **healthy life should become the people's lifestyle**.

**Happiness comes from healthy life.** Happiness is the feeling which can raise the spirit to live. This feeling gives abundant energy not only to do daily activities but also to survive. **People badly need this feeling to survive** in this terrible situation in which the life threatening virus becomes the invisible enemy. Our healthy body influences our soul. - *A healthy soul cannot live in a dry body. ~ French.* Take this for example. Healthy children who are energetically playing with their friends on the field or at the park are enjoying their time together. They are laughing, or shouting at one another. **They are absolutely happy.** On the other hand, sick children looking stressed are only lying on their bed, with gloomy face. They often cry and scream for the soreness they suffer. Healthy life will be, in fact, easily to get if having routine meals, nutritious food, enough sleep, and regular exercises becomes the lifestyle.

Another reason is **that being able to create requires a healthy body and mind.** **People may object to this idea** as they think they still can create songs, poems, or any art work when they are in sadness. However, **it is still strongly believed** that the sounder the mind is, the higher impulses to be creative we will have. Being creative is the only way to survive. **The following may be the best example:** A fish seller is prohibited to sell his fish in the traditional market to avoid the crowd. Before the regulation began to be implemented, he had told his customers that they could still buy his fish through his Instagram, and would deliver their orders. He can survive despite the closed market. This is creativity. He didn't panic when the government announced the regulation, but thought clearly instead. When we are in sadness, worry, or panic, can we still clearly think what to do? Surely not. Healthy life means healthy body and mind.

The arguments above support that **healthy life as a lifestyle is highly recommended to prolong the life span**, not only in this coronavirus pandemic but also in the normal situation. Happiness raises our awareness of the surroundings which can trigger our creativity.

Some notes:

**Main sentences: P.1: There are many people ignoring their own health.**

**P.2 Happiness comes from healthy life.**

**P.3** Another reason is that **being able to create requires a healthy body and mind.**

**P.4** The arguments above support that **healthy life as a lifestyle is highly recommended to prolong the life span.**

**Thesis: healthy life should become the people's lifestyle.**

**Issues for unhealthy life: Breakfast is skipped. Fast food is the main menu. Physical exercises are ignored.**

Emotive language: **People badly need this feeling to survive. it is still strongly believed. The following may be the best example.**

**Handling objection: People may object to this idea**

*Proverb Source:* <https://proverbicals.com/health-proverbs> -